

January 2021



Dear Parents,

Happy New Year to you all!

We hope everyone is keeping safe and well and that all the students are adapting to Remote learning.

Here are a few points from the Monthly PTA meeting on Monday 11th

If you have anything queries or you want anything raised at next month's meeting, please get in touch!

Jennifer Martin, Chairperson

Contact Us: pta@sionhillcollege.ie

What procedures are in place to deal with a confirmed case of Covid-19 among staff or students?

The school cannot comment on individual cases or outbreaks as to do so would compromise the privacy and confidentiality of those involved. When a case of COVID-19 is identified which is linked to a school, Public Health professionals discuss the matter directly with the person, or family as appropriate, and ask them about their contacts. Public Health professionals will also discuss the matter directly with the school, undertaking a public health risk assessment. Recommended measures, including any exclusions of other pupils or staff members, are made at this point. Responses and recommendations for each facility may well differ, depending on the circumstances identified by Public Health. Full guidelines available at:

<https://www.gov.ie/en/publication/33180-covid-19-school-community-testing-pathway/>

How Can we as parents Help with Remote Learning? – Guidelines sent out via email last week

- Treat Online learning like a normal School day and make sure students attend every class: on time, at a table or desk and dressed appropriately (No PJs!)
- Ensure they know they must have their **CAMERAS ON** at all times and behave just like they would if they were in a classroom at school.
- Schoolwork and Homework must be submitted as normal.
- Check in with them regularly to know they are engaged & Remember you can see their attendance on VSWARE!
- Students should continue to prepare for House Exams and Mocks – **IF & WHEN** they can go ahead they will!



Mindfulness: It's been a tough nine months for both Students and parents & guardians alike.

One of our PTA members has shared some useful Links from working at DLR Library The Keep Well Programme and Minding Your Wellbeing provide an opportunity for people to learn more about mindfulness, gratitude, self-care and resilience. to look after our mental health and well-being in these difficult times.

<https://www.gov.ie/en/campaigns/healthy-ireland/?referrer=http://www.gov.ie/en/campaigns/together/>

<https://www2.hse.ie/healthy-you/minding-your-wellbeing-programme.html>



Don't Forget the Annual Table Quiz! – Friday January 29th

The Student Council with support of the teachers are currently working hard on this years 'Virtual' Quiz! Please encourage all students to join in and all parents are welcome to join in too!

